



# EASTER

AT CENTRAL

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## BIG IDEA:

From Empty to Full:  
The Power of  
Resurrection

## KEY SCRIPTURES:

Romans 8:11

Romans 3:23

Romans 6:23

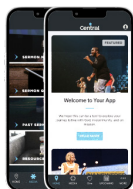
Romans 7:24–25

Romans 8:1–2

Romans 8:11

Romans 10:9

1. **Read Romans 8:11.** Paul says that the Spirit who raised Jesus from the dead now gives life to our mortal bodies. What does that look like in real life—not just after death, but now? How might resurrection power show up in your everyday routines, relationships, or struggles?
2. In the sermon you heard that “the resurrection tells us God does His best work in empty places.” What’s one area of your life that currently feels drained, numb, or stuck? What might it mean to invite the Spirit to fill that space—not with more effort, but with His presence?
3. **Read Romans 7:24–25 and Romans 8:1–2.** Paul describes the exhausting cycle of striving under the law, then shifts to the freedom of life in the Spirit. Why do you think it’s so easy to keep going back to self-effort, even after receiving grace? What would it look like to live as someone who is already free?
4. Because the tomb is empty, empty wasn’t a crisis—it was a clue. Think about a recent moment of emptiness (emotionally, spiritually, physically). Instead of treating it as a failure, how could you reframe it as an invitation for God to move?
5. **Read Romans 10:9.** This verse shows that new life begins with surrender—declaring Jesus as Lord and believing in the resurrection. What’s one area of your life where you need to surrender control right now? What has been holding you back from fully trusting Jesus there?
6. **Read Romans 3:23 and 6:23.** These verses paint a sobering picture of what sin does: it separates and drains us. How have you seen spiritual emptiness show up in subtle ways—like burnout, comparison, anger, or indifference? How does the gift of God’s life change the story?
7. **Read Romans 8:11 again, paying attention to the word “if.”** Paul doesn’t assume everyone has received the Spirit. Why do you think that word matters? How can this verse serve both as a promise and a personal invitation?



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