

A small logo in the top right corner with the word "Central" inside a heart shape.

ANCIENT MIND MODERN HEART

SUNDAYS, JUNE 3 - JULY 22

9 & 10:45 AM

7.15.18 • ERIN CLIFFORD • PSALM 137

KEY VERSES

PSALM 137

DISCUSSION QUESTIONS

1. Had you ever read Psalm 137? What struck you about it initially?
2. What questions rise up as you read it again and after hearing the sermon?
3. What emotions are this Psalmist attempting to express? What part of the Psalmist's perspective can you relate to and what appears foreign to you?
4. Laments are a prayerful response to the full range of problems in the human condition. The Psalms specifically name isolation, shame, despair, danger, physical impairment, accusation and death as cause for lament. Laments are a common form of prayer in the Psalms, which our Father welcomes from His children. What do you think about that? Do you find it difficult or easy to express these emotions to God?

Bonus Question:

Laments have a basic structure:

- An opening address
- A complaint
- A declaration of trust
- A petition for help
- A vow of praise

Take some time to write your own lament, it can be about something personal, or something happening in the world.