



**DO IT**

**AFRAID**





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# Turophobia





# Somniphobia





# Pogonophobia









**The Eternal is with me, so I will not be afraid of anything.  
If God is on my side, how can anyone hurt me?**

**Psalm 118:6 (VOICE)**



**The Reality: Fear is a part of life.**



**The Problem: When fear controls our life.**







**Celebrate God all day, every day. I mean, revel in him! Make it as clear as you can to all you meet that you're on their side, working with them and not against them. Help them see that the Master is about to arrive. He could show up any minute!**

**Philippians 4:4-5 (MSG)**



**Don't be anxious about things; instead, pray. Pray about everything. He longs to hear your requests, so talk to God about your needs and be thankful for what has come. And know that the peace of God (a peace that is beyond any and all of our human understanding) will stand watch over your hearts and minds in Jesus, the Anointed One.**

**Philippians 4:6-7 (VOICE)**



**1. Celebrate God, all day, every day.**



**2. Be gentle, kind, and on other people's side.**



**3. Pray instead of worry.**



**4. Be thankful.**



**The Eternal is with me, so I will not be afraid of anything.  
If God is on my side, how can anyone hurt me?**

**Psalm 118:6 (VOICE)**







**Thank God because he's good, because his love never quits. Tell the world, Israel, "His love never quits." And you, clan of Aaron, tell the world, "His love never quits." And you who fear God, join in, "His love never quits." Pushed to the wall, I called to God; from the wide open spaces, he answered.**

**Psalm 118:1-5 (MSG)**



**The Eternal is with me, so I will not be afraid of anything. If God is on my side, how can anyone hurt me?**

**Psalm 118:6 (VOICE)**



God is love. When we take up permanent residence in a life of love, we live in God and God lives in us. This way, love has the run of the house, becomes at home and mature in us, so that we're free of worry on Judgment Day—our standing in the world is identical with Christ's. There is no room in love for fear. Well-formed love banishes fear. Since fear is crippling, a fearful life—fear of death, fear of judgment—is one not yet fully formed in love.

**1 John 4:17-18 (MSG)**



God is love. When we take up permanent residence in a life of love, we live in God and God lives in us. This way, love has the run of the house, becomes at home and mature in us, so that we're free of worry on Judgment Day—our standing in the world is identical with Christ's. **There is no room in love for fear.** Well-formed love banishes fear. Since fear is crippling, a fearful life—fear of death, fear of judgment—is one not yet fully formed in love.

**1 John 4:17-18 (MSG)**



**If we are living in fear, we are  
not living in God's perfect love.**







**This is the truth: unless you change and become like little children, you will never enter the kingdom of heaven.**

**Matthew 18:3 (VOICE)**







He led me to a place of safety; he rescued me because he delights in me.

**Psalm 18:19 (NLT)**



He has delivered us from such a deadly peril, and he will deliver us again. On him we have set our hope that he will continue to deliver us...

**2 Corinthians 1:10**



**Because the Lord, the Eternal, helps me I will not be disgraced;  
so, I set my face like a rock, confident that I will not be  
ashamed. My hero who sets things right is near. Who would  
dare to challenge me? Let's stand and debate this head-to-  
head! Who would dare to accuse me? Let him come near.**

**Isaiah 50:7-8 (VOICE)**



**No matter what hells come our way:  
We will not run. We will not be afraid.**





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