



DO IT

AFRAID

The Fear that Needs to Be Embraced

In the fear of the Lord one has strong confidence, and his children will have a refuge.

Proverbs 14:26 ESV

The Fear that Needs to Be Overcome

How would you live if you had no fear?

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:6-7

**Fear leads us to the point where we cry out to God.
Fear shouldn't push us towards courage but God.**









In the month of Nisan in the twentieth year of King Artaxerxes, when wine was brought for him, I took the wine and gave it to the king. I had not been sad in his presence before, so the king asked me, “Why does your face look so sad when you are not ill? This can be nothing but sadness of heart.” I was very much afraid, but I said to the king, “May the king live forever! Why should my face not look sad when the city where my ancestors are buried lies in ruins, and its gates have been destroyed by fire?”

Nehemiah 2:1-3

**Great things are often done afraid because the antidote
to fear is not courage so much as it is adoption.**

The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by him we cry, “Abba, Father.”

Romans 8:15

Why “Do It Afraid?”

1. Central's Journey

2. People's Reality



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