

DO IT **AFRAID** *Together*

DISCUSSION GUIDE QUESTIONS

WEEK THREE

1. What are some of the false assumptions about confrontation? How can the truth that conflict is normal, neutral, and natural help someone change their negative views on confrontation?
2. We won't change our behavior unless we believe our current behavior isn't working. With that in mind, consider the problems associated with avoiding confrontation. What are they?
3. List what someone might gain by speaking up? What skills can we employ to make our confrontation healthy?
4. Consider your actions in moments when confrontation may be necessary. Do you fear God more than others?
5. How we respond to conflict reflects our spiritual maturity. Read Matthew 7:5. In conflict, how easy is it for you to be open and honest about your wrongs, seeking forgiveness and reconciliation where necessary?
6. Read Colossians 3:13 and 1 Peter 4:8. The implication here is that some issues don't need to be addressed—just forgiven. How do you personally determine whether to address an issue or simply forgive?
7. Read Proverbs 17:27 and 25:15. How do we develop restraint so that we can wait patiently for the right time to respond? Share a time when you showed restraint, especially while helping someone with a problem.
8. Nehemiah took the threat seriously but refused to retaliate. Read 1 Peter 2:22-23. How can we respond to hostility without retaliating?
9. Read Nehemiah 5:6. In light of Psalm 7:11, how do we discern if our anger is righteous like Nehemiah's? You may want to look at Exodus 22:25, Leviticus 25:35-36, and 39-40 for help.
10. How do we develop righteous anger towards sin against God and others?
11. Read Proverbs 29:11. How do we start to practice gentleness when personally offended?
12. How should the reality that you are a child of God influence the way you deal with conflict?