



AUGUST 1, 2021 | CRAIG REES | THE REFRESHING SOUL

Big Idea:

To live as refreshing souls, we must reach a place of contentment.

Key Scripture:

Proverbs 11:24-28

Luke 12:15

1 Timothy 3:3-8; 6:17

Titus 1:7,11

1. Can you think of a person who refreshes your soul? Why did this person make so much of an impact on your life? What traits or qualities did they demonstrate that blessed you? In your quiet time, thank God for that person and pray for God's blessing on them.
2. How do you understand and apply the principle outlined in Proverbs 11:24 that a generous person will prosper?
3. In what ways are you personally tempted to 'trust in your riches'?
4. Have you ever had a time when God led you to meet the need of another person? What happened in your heart after you met that need?
5. Paul saw trusting in wealth as such a challenge that on at least four occasions he specifically requested Timothy and Titus to ensure that leaders showed no signs of being greedy for money (1 Timothy 3:3,8; Titus 1:7, 11). Reading these passages, what dangers do you think Paul was aware of? What do we need to be aware of?
6. What can we do to recognize the difference between earthly and heavenly treasure?
7. Paul encourages a sense of detachment from materials things. Is there something in your life that you would find it very difficult to detach yourself from? Why is that?
8. In what ways can you commit to living as a refreshing soul this week? Ask God to put one person on your heart whose soul you can refresh!