

ROOTED | OPEN HANDS, FULLER HEART

November 23, 2025 // Craig Rees + Adam Davidson

BIG IDEA: Open hands don't empty your life—they free your heart to trust the God whose generosity never runs out.

KEY SCRIPTURES:

Deuteronomy 33:27

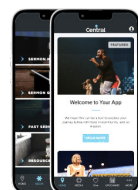
Matthew 6:21

Matthew 25:40

Luke 2:52

Proverbs 3:27; 11:24–25; 22:9

1. When you picture the two hands—clenched and open—what does your current posture look like, and why?
2. Proverbs 11:24–25 speaks of “scattering” generously. Where is God nudging you to release something rather than grip it tightly?
3. What fear most often drives you into a “poverty mindset,” and how does God’s character confront that fear?
4. In Matthew 6:21, Jesus teaches that “your heart will be where your treasure is.” What does this reveal about the heart’s direction being shaped, not by desire alone, but by what we invest in? How does this insight challenge the way you understand formation, priorities, and trust?
5. Share a time when living open-handed refreshed someone else—and unexpectedly refreshed you too. What do you think God was doing in that moment?
6. What area of life—time, attention, forgiveness, finances—requires you to trust God more deeply in order to be generous?
7. Proverbs 11:24 uses the imagery of “scattering” like a farmer sowing seed. How does this agricultural picture deepen your understanding of biblical generosity, and what does it reveal about trust, timing, and outcome in God’s economy?
8. How does remembering that Jesus lived—and died—with open hands invite you to loosen your grip on control?
9. Who is one person God might be asking you to refresh this week? What simple, concrete act of generosity could you offer?



Get the weekly
sermon questions on the
Central Holland App!