

FRAMING FORWARD

August 31, 2025 // Craig Rees

BIG IDEA: The frame you choose shapes the future you build. Tension doesn't destroy faith, it develops it when surrendered to the Spirit.

KEY SCRIPTURES:

James 1:5
Micah 6:8
Acts 15:28
Proverbs 19:2

Ephesians 6:10-18
Colossians 2:15
1 John 3:8

1. James 1:5 says God gives wisdom generously. When have you found yourself rushing for answers instead of pausing for wisdom?

2. How does the image of a suspension bridge help us think differently about the role of tension in our spiritual life?

3. Micah 6:8 calls us to do justice, love mercy, and walk humbly. Which of those three feels most natural for you, and which is most challenging?

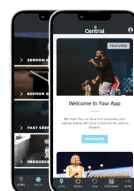
4. Why is it important to recognize your own bias when entering difficult conversations or decisions?

5. Can you recall a time when conviction came quickly, but clarity took longer? What did you learn in the process?

6. How does distinguishing between “centered” and “Spirit-led” change the way we think about finding balance in tension?

7. Ephesians 6, Colossians 2, and 1 John 3 each offer a “frame” for spiritual warfare. Which side of that frame do you naturally lean toward, and what do you risk by overemphasizing it?

8. Where in your life right now do you need to stop reacting and start framing—and what might a Spirit-led frame look like for you?



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