

From Upgrade to Calling

Craig Rees + Travis Rea

BIG IDEA

The best life is not found in upgrading yourself, but in seeking first the kingdom.

KEY SCRIPTURES

1 Timothy 6:10, 18-19;
Philippians 4:10-16; Matthew
6:25-33

1. Philippians 4:11 says Paul “learned to be content whatever the circumstances.” Why do you think contentment has to be learned rather than instantly received?
2. What are some subtle ways the “upgrade” mindset can shape how you think about your life, your faith, or your future?
3. According to Philippians 4:12-13, what is the difference between self-sufficiency and Christ-sufficiency?
4. Where are you most tempted to ask, “How do I get a better life?” instead of, “What is God calling me to do?”
5. In 1 Timothy 6:18-19, Paul says believers should be “rich in good deeds” and “generous and willing to share.” How does generosity help break the grip of spiritual consumerism?
6. What does it look like in a church setting to move from being a spiritual consumer to being an active Daymaker?
7. Philippians 4:14-16 highlights partnership and shared burdens. How do these verses push back against a private, self-contained view of faith?
8. Have you ever experienced the “fortress mentality” in church life—either by feeling shut out or by staying too comfortable in familiar circles? What did that reveal?
9. In Matthew 6:33, Jesus says, “Seek first his kingdom and his righteousness.” What would it look like in practical terms to give God your first attention, first thought, and first trust?
10. What is one specific step you can take this week to stop organizing your faith around comfort and start offering yourself more fully to God’s mission?