

Flourishing in the Spirit:

Craig Rees + Alicia Bruxvoort

BIG IDEA

Flourishing in the Spirit is built through daily patterns—hearing God’s guidance and seeing with Spirit-given clarity—more than chasing spiritual moments.

KEY SCRIPTURES

Joel 2:28-32; Isaiah 30:20-21;
Nehemiah 9:20; Psalm 46:10; 2 Kings
6:17; Matthew 16:18; Luke 9:23; John
14:21; Acts 2:14-21, 8:14-17, 10:44-48,
11:15-18, 19:1-7; Galatians 5:22-23;
Philippians 1:9-10; James 4:7

1. What’s your honest default right now: reactive living (responding to pressure) or Spirit-led living (responding to presence)? What reveals that?
2. In Acts 2:14-21, what does Peter say is happening, and why does he root it in Joel instead of treating it as a brand-new thing?
3. Joel’s list includes “sons and daughters,” “young,” “old,” and “servants.” What does that imply about who gets access to the Spirit’s voice and gifts? How significant is that?
4. Where do you feel the “silence” Isaiah 30:20-21 describes—like guidance has been hidden? What would it look like to trust that the Guide is not distant by default?
5. What’s one “wrong bus” decision you’re tempted to take right now—an option that feels logical but might not exist in God’s plan?
6. Nehemiah 9:20 says God gave His Spirit to instruct. What practices tune your inner life so instruction can land (instead of bouncing off)?
7. In 2 Kings 6:17, the situation doesn’t change—only sight does. Where do you need the Spirit to change what you see beneath what you’re currently reacting to?
8. Philippians 1:9-10 links love to discernment. How does love for Jesus (not outcomes) change the way you interpret people, problems, and pressure?
9. Which part of BUILD is hardest for you right now—Bow, Unplug, Investigate, Lean, Do it daily—and what’s the most likely reason you resist it?
10. With Galatians 5:22-23 in view, what would “fruit” look like in your week if you practiced Spirit-led patterns consistently (peace, wisdom, restraint, courage)? What’s one daily step that makes that realistic?

