

The Quiet Revolution of a Rooted Life

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BIG IDEA

Flourishing is quiet faithfulness that becomes visible over time

KEY SCRIPTURES

1 Kings 18:38-39; 19:4; Psalms 92:12-14;
Jeremiah 17:7-8; John 15:5-8; Acts 2:42-47;
Hebrews 10:24-25

1. Where does life currently feel like “concrete” for you—pressure, expectation, strain, exhaustion—and what is your honest emotional response to that?
2. In Jeremiah 17:7-8, what is the cause-and-effect relationship between trust, roots, heat, drought, and fruit? What does that imply about what “success” looks like in a hard season?
3. Psalm 92:12-14 links flourishing to being “planted in the house of the Lord.” What does that suggest about the role of worshiping community in spiritual vitality and endurance?
4. John 15:5 says, “apart from me you can do nothing.” Where are you most tempted to try to produce fruit while functionally disconnected from the Vine?
5. Which of these false definitions feels most seductive to you right now: hype, platform, or pain-free living? What would it cost your soul if you keep that definition?
6. 1 Kings 18:38-39 is a public “fire from heaven” moment, but 1 Kings 19:4 is a collapse under a tree. What does Elijah’s swing reveal about the limits of spiritual adrenaline?
7. When you feel opposition, disappointment, or fatigue, do you tend to retreat, isolate, get louder, or get busier? What does that pattern reveal about your current “root system”?
8. If flourishing is “habits, not moments,” what is one small habit that would strengthen your roots this week (Scripture, prayer, Sabbath, confession, simplicity, presence with others)?
9. Hebrews 10:24-25 and Acts 2:42-47 describe a communal rhythm that forms people. What part of that rhythm (teaching, fellowship, breaking bread, prayer, generosity, encouragement) do you most need to recover?
10. What fruit do you want God to produce in you over the next year that you cannot manufacture by willpower? What would it look like to “remain” long enough for that fruit to ripen?